Co-Management of Anxiety and Depression

Below is a checklist to guide you through the Connecticut Children’s Co-Management of Anxiety and Depression QI project requirements. If you have any questions or concerns along the way, please e-mail moc@connecticutchildrens.org or call 860-837-6254.

☐ OPTIONAL: Contact moc@connecticutchildrens.org to schedule an orientation on how to use QInsight, Connecticut Children’s Practice Quality Improvement Program’s data entry and reporting system.

☐ Register (http://moc.connecticutchildrens.org/portal/account/register) You will receive an automated e-mail confirming that you are registered.

☐ Pay Once payment is received, you will receive an e-mail confirming that you now have access to QInsight and an e-mail explaining how to access the QI Methodology Training options.

☐ Complete project-specific training In order to schedule the project-specific training, please contact Susan Macary (macary@uchc.edu). Upon completing the project-specific training, please update your training status in QInsight.

☐ Complete Quality Improvement (QI) Methodology Training Upon completing the QI Methodology Training, please update your training status in QInsight.

☐ Complete a minimum of 12 data cycles (this project lasts a minimum of 12 months) You will receive a confirmation e-mail every time you submit data. A data cycle consists of:

- using QInsight to enter and submit the required amount of chart audits
- loading and reviewing the report
- possibly a team meeting (must be at least 4 by the time of project completion)

☐ Data Cycle #1: 20 chart audits (answer questions 1-7)
☐ Data Cycle #2: 20 chart audits (answer questions 1-7)

Data Cycle #3-#12: 10 chart audits for patients who assessed positive for anxiety and 10 chart audits for patients who assessed positive for depression. If previously identified in months 1 or 2, questions 1-7 will already be entered into QInsight. As follow-up visits occur, please enter questions 8-11. If the patient is newly identified in these months, please complete questions 1-11. You may choose to complete 1-7 first, and then complete 8-11, as follow-up continues.

☐ #3 ☐ #6 ☐ #9 ☐ #11
☐ #4 ☐ #7 ☐ #10 ☐ #12
☐ #5 ☐ #8

☐ Participate in ≥ 4 team meetings to discuss project data & plan changes for improvement
☐ Meeting #1 ☐ Meeting #3
☐ Meeting #2 ☐ Meeting #4

☐ For MOC credit, complete and submit Attestation Form Once you have completed the project-specific training, the QI Methodology training, 4 team meetings and 12 data cycles, we will send you an e-mail containing instructions on how to access your attestation form. Once you have completed all required fields, please e-mail the completed form to moc@connecticutchildrens.org. Once we obtain the Project Director’s signature, we will process the 25 MOC credits with the ABP and send you a confirmation e-mail.

☐ Request CME credits When you complete this QI project, you are eligible for 22 AMA PRA Category 1 Credits™. Please e-mail moc@connecticutchildrens.org to notify us if you would like to receive these credits and we will notify the Connecticut Children’s CME Operations Coordinator.