FAMILY MENTAL HEALTH HISTORY

All patients’ records should contain a family mental health history. This information allows the child health provider to consider the child’s socio-emotional development in the context of family challenges and stressors. The following questions provide a starting point for documenting the family mental health history. Encourage parents/caregivers to obtain help with mental health challenges and stressors.

1. Have parents, siblings or other family members ever suffered from a psychiatric, behavioral, or emotional disorder?
   - If YES, which disorder(s):
     a. Attention Deficient Hyperactivity Disorder (ADHD)
     b. Anxiety
     c. Bi-polar disorder
     d. Depression
     e. Psychotic Depression
     f. Alcohol and/or substance abuse
     g. History of suicide
     h. History of sexual/physical/emotional abuse
     i. Other (describe): ____________________________

2. Have parents, siblings or other family members ever been hospitalized for a psychiatric, behavioral, or emotional reason?
   - If YES, please describe: ____________________________

3. Are parents, siblings or other family members taking any medication for psychiatric, behavioral, or emotional reasons? If yes, what type of medication? ____________________________

4. Has family experienced any major stresses, changes, or losses within the past year?
   - a. Death of a close family member, relative, friend or pet
   - b. Divorce or separation
   - c. Marriage
   - d. Abuse or trauma
   - e. Conflict or bullying
   - f. Change of school
   - g. Residential move
   - h. Significant illness
   - i. Financial changes
   - j. Changes in employment status
   - k. Other (describe): ____________________________

5. Has child had the same parent(s)/guardian(s) since birth?